BMCC NEWS



Bay Mills Community College Newsletter

Sept./Oct. 2016

President's Corner

Volume 1 Issue 4



I want to take this opportunity to welcome everyone back to BMCC, and I hope that you had a good summer. We, the staff, spent a lot of time reviewing and updating college policies and procedures. These have been posted on our NEW website, which went live on April 12, 2016. We hope that this new site will prove to be easier to navigate and contains the information that you find useful and interesting.

Please, take the website and use the suggestion system to submit any suggested improvements, additions or corrections you believe should be made. The website is becoming the preferred way the federal government mandates for communicating with our students and staff. Please, become familiar with our website, and visit it frequently for new information about BMCC.

We are still waiting to hear on financing for your new Administration/Classroom Building. As a tribal college, we face financing issues that are not typically experienced by non-tribal educational institutions. We have made application to the United States Department of Agriculture for the needed financing, and the size of the loan required approval from the Washington DC office. We are hopeful that the loan will be approved soon, so that we can go to bid this fall and start construction in earnest next spring.

I would like to state that this is a very important year as BMCC is going to have a visit from the Higher Learning Commission Peer Review Team on October 2 and 3, 2017. This team will determine whether we should be re-accredited and for how long. In the past, we have had two 10-year periods of accreditation and our staff has been putting a lot of effort into our preparations for the visit with the goal being another 10 years of accreditation. The visit will review all aspects of BMCC operations and instruction to determine if we are financially sound and have appropriate educational rigor in our educational offerings. We hope that everyone will do their part by completing class assessments or other surveys and/or forms that you may be presented with. The accrediting agency requires documentation and your assistance with the process is invaluable.

In closing, I hope that we all have another good year, and it is always a pleasure to see and hear about the successes of our students.

Attention Students!

Spring Registration opens

Monday, October 24, 2016 at 8:00

a.m. See your advisor soon to
register for Spring 17 classes.

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Departmental News in Brief

News from the Mukwa Health & Fitness Center

Now that you are settled in your classes, it is a good time to think about your fitness plan. For currently enrolled BMCC students looking for a membership to the Mukwa Health and Fitness Center, the membership fee is \$20 for the semester. Financial aid will not be covering the cost of the gym membership, but a plan can be set up immediately, allowing the student to pay the membership any time before October 1st, after receiving the first refund check. As soon as the gym membership is set up, students will be able to start using the facility! If a membership goes unpaid by October 1, 2016, the membership will automatically be removed.

The benefits of exercising are well researched and documented. A Mayo Clinic website on health and exercise lists 7 benefits for exercising at least 30 minutes a day: A 30-minute daily exercise routine helps you keep your weight at a healthy level; it can prevent many serious health conditions from diabetes 2 to depression; exercise also improves your mood, energy level, and sleep, which, in turn, positively affect studying and retaining information. Last, but not least, exercise can be fun. Gyms and fitness centers are gathering places for positive and supportive people.

The health and fitness staff is here for students and the community seeking health and fitness advice and tips, or to set up a fitness plan by appointment. Come on and get started!

> Matthew Romatz Health and Fitness Department

News from the Corrections Department

New Criminal Justice Adjunct Faculty

Teresa Corey-Spiker is now teaching CJ 101 Introduction to Corrections. She is graduate of Lake Superior State University majoring in corrections. She has work experience at the Chippewa Correctional Facility where, as a Program Coordinator, she taught and conducted testing to provide prisoners the skills needed for job placement and community functioning upon release. She also recently worked as a Classification Director, Corrections Academy Instructor, and has been an Assistant Resident Unit Supervisor. She has experience working in several prisons in the Upper Peninsula. BMCC welcomes 'Terri' and values her academic achievements and the real-life corrections experience that she is bringing to our program.

News from the Communication Department: Retirement

At the end of the spring semester, Maria Cantarero retired. She has been a full time English faculty at BMCC for more than 20 years, and her accomplishments are too numerous to list them all here. Maria oversaw an education program and set the foundations for BMCC's assessment, in addition to developing and shaping, as a department chair, every single English course that we still have today, including a Native American literature class. Her insight and vision supplemented with her dedication to research informed her in the process all the way. There is no English class in the BMCC books that would not bear the hallmark of Maria's work in some form. But deep in her heart, I think what Maria really liked doing was teaching. Her creative energies were inexhaustible when it came to class prepara-

tion. Struggling with health issues, pain or hurt, Maria was always an indomitable force of nature capable of energizing others as she stepped into the classroom.

The Communication Department was handed down boxes of readings, handouts, lesson plans, and other teaching resources that all show how much Maria cared to find the best and the latest to share with her students and colleagues. Probably there is not one person at BMCC who would not have been in one of Maria's classes, or who would not know a family member or a friend whose family member or friend had been in a Cantarero speech class. We in the Communication Department will all gravely miss Maria's guidance and companionship. I would like to borrow one of Maria's many inspirational notes and put it on the banner of the Communication Department: "Our goal is to help you achieve yours!" Thank you Maria, and we wish you many years of restful and joyful retirement.

Ildiko Melis Department of Communication, Chair

News from the Math Department

Welcome to a new year at BMCC. We hope you had an excellent summer and are ready to dive in to math!

We are happy to welcome a new full time faculty member to the math department. Please, make James feel welcome. See his introduction below:

 $\rm Hi-My$ name is James Sawaski. This is my first year as full time faculty in the Mathematics Department at Bay Mills Community College. Previously, I was employed for nearly 20 years at Newberry Correctional Facility as an inmate GED Instructor. I have been on campus at BMCC quite a bit the last few years, as I was an adjunct instructor since 2010. I have a bachelor's degree in mathematics from Northern Michigan University, a master's degree in educational administration also from NMU, and I have 18 graduate hours of mathematics in combination from NMU, Eastern Michigan University and Portland State University. I am married with two grown sons and have three grand-daughters.

It has been my lifelong dream to be a college math professor. I remember many years ago when I went to Bay College in Escanaba and how peaceful the community college atmosphere was. That peace always drove me to desire and seek this kind of job in the future. Now, it is a reality! Everything still feels surreal. It's not every day a dream like this comes true. So, if you notice me smiling, which should be a lot, it's because I am so happy and thankful to be here.

I really only have two hobbies. Chess and fishing! I enjoy the game of chess immensely and have played it at nearly all levels my whole life. I have an expert rating with the United States Chess Federation and won numerous large sized tournaments in the past. In the future, I would like to start a chess club at BMCC and teach some of the finer points of the game to students. I'd also like to run chess tournaments for the students and local area. As for fishing, I don't get out like I used to, but any day on the water with a fishing pole is a good one.

NOW ACCEPTING WORK-STUDY APPLICATIONS FOR THE FOLLOWING DEPARTMENTS:

- ♦ Admissions Office 20 hours a week
- ♦ Academics Office 20 hours a week
- ♦ Boys and Girls Club 15 hours a week

APPLICATIONS ARE AVAILABLE IN THE FINANCIAL AID OFFICE. CLOSING DATE: Friday, September 16, 2016 AT NOON

BMCC Library News



Welcome to the Fall 2016 semester! As our returning students know, and our new students will hopefully learn, the BMCC Library is a wealth of resources for studying and research. We have a col-

lection of books on many subjects and are particularly proud of our large Native American collection. In addition to our books, magazines, audiobooks, and DVDs are also available for checkout. We also have access to many more items in electronic format (including magazines, e-books, and digital audiobooks), which can be accessed on any type of device. Student workspace is available throughout the library for both individual and group study. If you need help with research or would like to learn more about our services, please stop by the library and ask for assistance at the circulation desk. We are always happy to help!

Each September the BMCC Library celebrates the national event referred to as Banned Books Week. Celebrated this year from September 25 – October 1, this event draws attention to the freedom to read and celebrates books that have been challenged or banned. It also draws attention to the harmful effects of censorship and restricting access to information. Those interested can check out the following links for more information:

http://www.ala.org/bbooks/bannedbooksweek http://www.bannedbooksweek.org/

Attention Students

Don't get caught without money for school. Start your FAFSA Application today!

Book of the Month

As the newsletter this school year will be coming out bimonthly, we will be recommending two books each newsletter! Our September book of the month is *The Little Paris Bookshop*, a novel by Nina George. Hidden behind the introduction of 'the healing power of books,' this story quickly sweeps into the exploration of human life, particularly love, loss and redemption. Haunted by the loss of his great love, Monsieur Perdu has spent his life fixing others' lives through books while being unable to resolve his own problems. He finally gets the catalyst he needs in the form of an old letter and embarks on a journey to unravel the problems created fifty years earlier. Charming, profound, and incredibly lovely, this book is perfect for anyone who enjoys contemporary fiction, romance, and books set in France.

Our October Book of the Month is *The Woman in Cabin 10* by Ruth Ware. Described as claustrophobic, intense, and 'reminiscent of Agatha Christie,' this mystery has rocketed up the best-sellers lists. Readers join travel journalist Lo Blacklock on what seems like it should be a fantastic trip – a week long luxury cruise in the North Sea. But only a day into the cruise, Blacklock overhears something horrifying – the woman in the room next to hers being thrown overboard. The only problem? No one is missing from the cruise. Readers will be kept guessing along with Blacklock as she attempts to figure out what has gone wrong on this beautiful and disturbing trip. This book is perfect for anyone who loves mystery, thrillers, and "who dunnits."

Submitted by Megan Clarke BMCC Library Director



The Peters Family Legacy at BMCC



According to the American Indian College Fund, Native American students are still reported to be attending college in lower percentage compared to other ethnic groups. First generation students must pass down the educational legacy as Natives know that education is the path to success. One such example is the Peters family. The Peters family began their legacy at BMCC in 1999 with Tom Peters receiving a certificate from the first BMCC Nishnaabemwin Language Institute. Thereafter, his daughter Leslie (Neubert) Pigeon enrolled at

BMCC in 2000 and received an Associate of Science in General Studies, a certificate in Natural Resources Management, and an Associate of Arts in Social Sciences graduating with honors. Leslie was also an academic math and algebra tutor. Bea Jackson, her mother, attended BMCC in 2001 and completed her BS in Elementary Education with a Social Studies major and graduated *cum laude* from BMCC and Ferris State University. To date, Bea's youngest daughter Olivia is currently enrolled at BMCC taking her general studies. Olivia's major is Office Administration. Once she receives her Associates Degree in Office Administration at BMCC, she will relocate to Traverse City, Michigan

to study Business Administration at Northwestern Michigan College. A good foundation for every family is the education of each family member. Kudos to the Peters family!

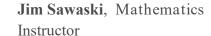


Submitted by Jana Hutcheson, Communication Faculty

BMCC Welcomes New Staff Members



Megan Ringuette, Administrative Assistant to the Charter School Office







Abigail Mikolowski, Administrative Assistant to the President's Office



BMCC staff, students, and faculty are holding lunch sales to help support the Standing Rock Tribal Water Defenders in their efforts to stop the Dakota Access Pipeline. Thanks to all for your support!



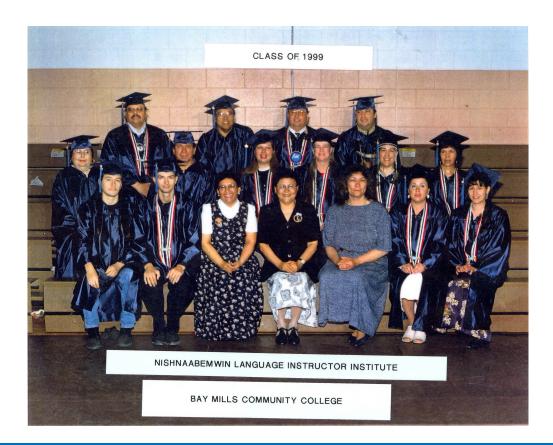
In Memory...



Doris Boissoneau started working with Bay Mills Community College around 1997. She was the coordinator for the Nishnaabemwin Language Instructors' Institute (NLII). Doris, Barbara Nolan and Rose Trudeau were the instructors for the (NLII). The first class (pictured here) graduated in 2000. This first NLII class created a curriculum guide the Jiingtamok! Anishinaabemowin Manual, under Doris, Barb and Rose's guidance. All of the graduates, including BMCC's Native American Studies Department Head, Mike Willis, went on to work in the areas of Anishinaabe language and/or culture. The second graduating class, including me, also had the majority of graduates working in tribal communities in the area of Anishinaabe language and culture. Doris also taught Anishinaabe language and culture at Sault College, in Sault Ste. Marie, Ontario, Canada for many years. She worked tirelessly with many other schools and organizations to revitalize and preserve Anishinaabemowin here in the Great Lakes Area. Doris was also a jingle dress dancer, and could be seen dancing at pow wows all around this region.

A while back, Doris had a dream or a vision about Eagle feather staffs. She worked with tribal communities in Michigan and Ontario to facilitate Eagle Staff Gatherings. The gatherings are held in various tribal communities around Michigan and Ontario. The 2017 gathering is slated to take place in Bay Mills Indian Community, and will probably be held at Bay Mills' Culture Center, currently under construction near the base of Mission Hill. There are feasts for the staffs, and teachings about eagle feathers and staffs are shared during these gatherings. Doris was very highly respected and loved in Anishinaabe-akiing (Anishinaabe-land). She also received high honors from the Canadian government for her work in revitalizing and preserving Anishinaabemowin. She passed away peacefully on Wednesday, July 27, 2016, surrounded by family and friends. She was a teacher, mentor and friend to many of us. We will greatly miss her, and I would like to thank her family for sharing her with all of us all these years. Gchi-miigwech!/Big thanks!

Submitted by Michele Wellman-Teeple, Faculty, Nishnaabemwin Pane Immersion Program



NEED HELP WITH YOUR PASSWORD?

If you have an issue with your log-in and/or password for student records or email, please contact Robin Bedell, Network Specialist, in the Administrative Building or phone 248-8416

Bay Mills Public Transportation

Bay Mills to Sault Ste. Marie Monday through Friday



Depart	6:30 a.m. 7:00 a.m. 7:15 a.m.	Bay Mills Resort *SSM Downtown Bus Stop SSM JC Penney's Bus Stop
	7:40 a.m. 7:50 a.m. 7:55 a.m.	Bay Mills Resort – DROP OFF OCS, Mntce Parking lot – DROP OFF BMCC – DROP OFF
Depart	11:55 a.m. 12:00 p.m. 12:10 p.m. 12:35 p.m. 12:50 p.m.	BMCC OCS, Maintenance Parking Lot Bay Mills Resort SSM JC Penney's Bus Stop *SSM Downtown Bus Stop
	1:25 p.m. 1:35 p.m. 1:40 p.m.	Bay Mills Resort – DROP OFF King's Club Parking Lot – DROP OFF BMCC – DROP OFF
Depart	3:30 p.m. 3:35 p.m. 3:45 p.m. 4:05 p.m. 4:15 p.m. 4:45 p.m.	BMCC OCS, Maintenance Parking Lot Bay Mills Resort SSM JC Penney's Bus Stop – DROP OFF *SSM Downtown Bus Stop – DROP OFF Bay Mills Resort – DROP OFF

RATES:

\$3.00 one way \$2.00 one way for students \$2.00 Senior Citizens – One way

PUNCH CARDS (sold at AOT)

(20 rides x \$2.50 one way) \$50.00 non-student punch card \$40.00 student punch card

LOCAL RUNS: Bay Mills Area

11:10 a.m. to 11:45 a.m. 1:50 p.m. to 3:15 p.m. \$1.50 regular fare \$1.00 students and seniors

*SSM Downtown Bus Stop is located behind the Sault Tribe's Administration Offices & Huntington Bank Contact Information: Tribal Office – 248-3241

Newsletter Contest!

Can You Tell Me??



What occurs twice a week, once in a year, but NEVER in a day?

See Tina in the President's Office if you believe you know the answer for an opportunity to win a price.

- 1) 1st Prize: \$10 Dancing Crane certificate.
- 2) 2nd Prize: BMCC Shirt (available sizes: sm. med. & lg.)

ATTENTION STUDENTS

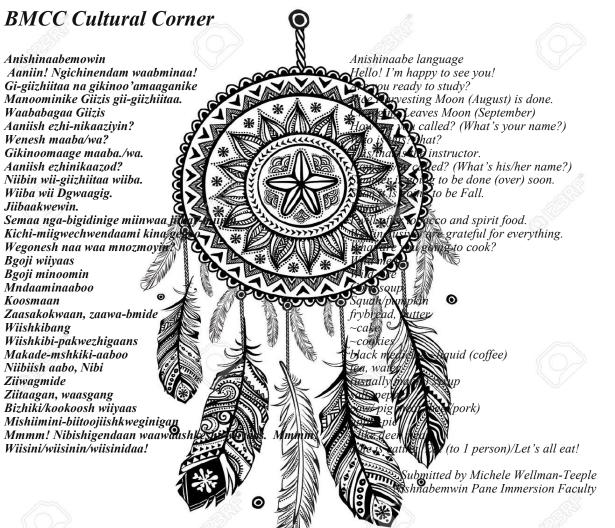
Driver: Billy - 630-1390

The closing date for scholarship application submission to AICF is September 15, 2016.

If you need assistance from the Financial Aid Office, please sign-up on the door for an appointment time.

You must request assistance at least one day prior to closing date. NO ASSISTANCE WILL BE AVAILABLE ON THE CLOSING DATE.

Contest open to BMCC students only.





BMCC Library Hours

Mon.—Thurs 8:00 a.m.—4:30p.m

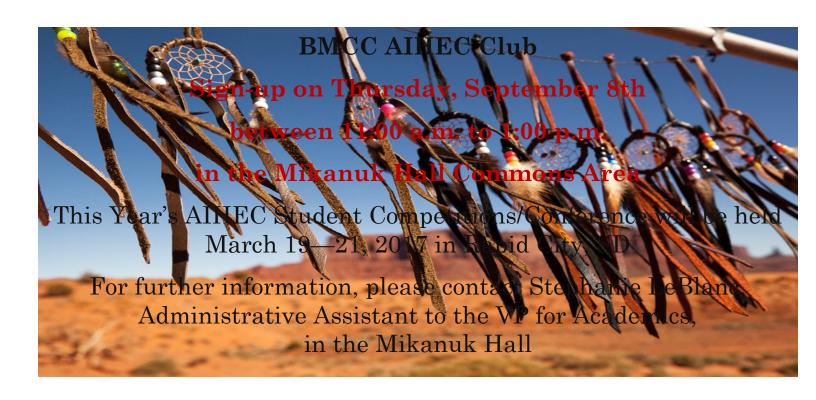
Friday

8:00 a.m.—4:30 p.m.

Saturday

10:00 a.m.—2:00 p.m.

Stop by and check us out!



Financial Aid Requirements and Dates

IN ORDER TO RECEIVE A DISBURSEMENT OF FINANCIAL AID FUNDS, A STUDENT NEEDS TO MEET TWO CONDITIONS:

- 1) Financial aid award letter must be signed and turned into Financial Aid Office AND
- 2) Satisfactory Academic Progress (SAP) requirements must be met (see <u>BMCC Catalog</u> or <u>BMCC Student Handbook</u> for details).

Pell Grant: We are required to check <u>your attendance regularly</u> as part of the Pell grant requirements. If you don't attend your classes, your Pell grant <u>will be adjusted</u> and you will receive a smaller financial aid refund check or have to pay back a portion of your Pell grant.

If you utilize the Financial Aid Charge Approval Form, your Pell disbursement will be adjusted accordingly.

Semester/Session	Attendance Checked	Refund Dates
Summer 2016 (Online & On Campus classes) On Campus classes only	On a weekly basis	June 2, 2016 July 7, 2016 July 28, 2016
		ТВА
Fall 2016	September 2016 October 2016 November 2016	September 29, 2016 October 27, 2016 November 22, 2016
Spring 2017	January 2017 February 2017 March 2017	February 16, 2017 March 16, 2017 April 13, 2017

Other types of Financial Aid (Scholarships, Tribal Awards, etc.)

If you receive other types of Financial Aid, it will be disbursed on the closest refund date.

Looking Ahead

- Last Day to Drop w/Full Tuition Refund—ON-CAMPUS—September 12
- Last Day to Drop w/Full Tuition Refund—ONLINE—September 19
- **Michigan Indian Day (BMCC Closed)—September 23
- Spring 2017 Registration Opens—October 24





What to do if stopped by the police



Police in the U.S. have been intensely scrutinized and criticized the past few years. Recent incidents where police were killed in Dallas and Baton Rouge have officers being very cautious and on high alert. Here are some important basics about police contacts to have a SAFE outcome. Presented below are some general guidelines from and a link to a Michigan State University brochure (http://police.msu.edu/wp-content/uploads/2016/01/What_to_do_if_stopped_by_police.pdf)

What should I do if I'm contacted by a police officer on the street?

If a police officer 'stops' you on the street, he or she must have a lawful reason. He may believe that you are in violation of the law. It's also possible that a crime was committed nearby, and you match the description of a suspect, or the officer believes you may be a witness who can help. A police officer does not need to have any reason for what is considered a 'consensual' contact. Police can walk up to you or drive up next to you and start a conversation just to be friendly. This is NOT a stop.

When police make contact, DON'T RUN from the officer. Be calm. Find out what the officer wants. Don't assume that you know the reason for being contacted. Keep your hands out of your pockets and in plain view. Provide identification when asked. Answer questions truthfully. You have the right to ask questions of the officer. In doing so, REMAIN CALM. Yelling, threatening, or arguing with the officer will only make the situation more difficult. Don't ever physically touch an officer.

What should I do if I'm pulled over in my car?

Safely pull over to a place out of the traffic flow. Sit calmly with hands visible on the steering wheel. Wait for the officer to approach you (do not get out of the car unless directed to do so by the officer). If it is night, turn on an inside light. The officer will request your license, registration, and proof of insurance. Police officers are trained to obtain identification first and then to explain the reason for the stop. Communicate your actions before moving your hands. At some point during the stop, the officer may ask you and any passengers to exit your car. This request may be for safety reasons or the officer may suspect illegal contraband in the car. The courts have upheld the officer's right to make such a request and require compliance. Traffic stops are one of the most frequent encounters where officers are killed or injured. A police officer does not want to be killed or injured. Their goal is to protect the motorist, and to conclude the stop safely.

If you are issued a citation or even arrested, you have not admitted guilt. The level of proof needed for a citation or an arrest is only probable cause – that is not enough evidence for any conviction. Don't interfere with an officer; do not obstruct his investigation or act in a disorderly manner because this complicates your case when you go before a judge at a later time.

The police are sometimes wrong and fail to follow procedures and the law. The most mature, effective, and SAFEST way to handle a police stop is to COMPLY NOW and COMPLAIN LATER!

(Adapted from Michigan State University and Las Vegas Metropolitan Police Department publications)

This Month in History—September

September 2, 1789: The United States Treasury Department was established.

September 4, 1774: The First Continental Congress was established.

September 8, 1921: Margaret Gorman, from Washington, D.C., was crowned the first Miss America, in Atlantic City, New Jersey.

September 9, 1850: California was admitted to the Union.

September 9, 1893: Esther Cleveland was the first child born in the White House.

September 9, 1956: Singer Elvis Presley made his first appearance on the *Ed Sullivan Show*.

September 12, 1945: Lassie made its television debut.

September 14, 1814: Francis Scott Key wrote his poem "Defense of Ft. McHenry" that was later re-named "Star

(Source: Marck, J.T. (n.d.). Historical people and events for September.

Retrieved from http://www.aboutfamouspeople.com/article1221.htm)

2016-2017 Student Council Nomination & Election Process



College is a great place to experience activities such as joining a club, volunteering, and even getting elected to the Student Council. Are you interested in building a relationship between the administration, faculty, staff, and students? Then read the following to learn how to be elected as a member of the Student Council.

Available Positions: President, Vice President, Treasurer, Secretary, & Sergeant at Arms

Minimum Qualifications to Run for Student Council:

To be eligible for nomination and election to the BMCC Student Council, a student must be a "student in good standing." Good standing is defined as making satisfactory academic progress documented by a minimum 2.0 GPA, continuous progress towards a degree, at least 70% attendance in all registered classes, no outstanding financial obligations to BMCC, no misconduct issues as defined in the Student Handbook and you must carry at least an eight (8) college credit load. Candidates for the position of President must be a tribal member.

Nominations:

Students interested in running for a position will obtain a sign up document, requiring the student's signature, in the Student Success Center on the main campus. This document will then need to be returned to the Student Success Center once it is completed. The "sign-up for nomination" process will commence on September 6, 2016, and end at exactly 4:00 p.m. on September 16, 2016. A list of individuals that signed up for election to one of the Student Council Officer positions will be updated and posted daily on the main campus.

Posters will be placed on campus describing the five Student Council Officer positions along with the duties and responsibilities of each position.

Student Council Officer Elections:

A primary election will be held beginning September 19, 2016 and ending exactly at 4:00 p.m. on September 26, 2016 for any position with more than two declared candidates. The top two recipients of the votes from the primary will move to the general election scheduled from September 27, 2016 through 4:00 p.m. on October 3, 2016.

The ballots will be located at the front reception desk of the administration building. Students should pick up their ballot, vote and deposit the ballot in the designated box at the reception desk. The ballots will as always remain secret.

Any questions regarding the Student Council election process and Officer positions please see the Student Council Advisor Debra Wilson, Dean of Student Services located in the Student Success Center.

News from Student Billing

Fall, 2016 classes at BMCC have begun! Welcome back returning students and an extra special welcome to our brand new students. Just a reminder that all student bills are due in full by September 12th Concampus students may request a payment plan with the student billing office if paying in full poses a challenge for you. The student billing office is in the administration building beside the financial aid offices.

The student billing office has mailed out the "one per semester" courtesy papels the Those were mailed on August 30th. Please check your account online through your student records access to view the most current actives as there may have been changes after August 30. If you aren't sure how to view your account online please stop by the student billing office and we will be happy to show you how to do that.

One last announcement. The Federal Financial Aid application is opening early this year! It dents will be able to apply for their 2017 year Federal PELL grant in October, 2016. This is a favoratic opportunity to have all your financial aid requirements in place for starting school in Fall, 2017 here at BMCC or if you are proving on o university, at the school of your choice. Remember, you can designate more than one school on your Federal Financial Aid application so you should put up my school or that you have the slightest chance of attending in the coming year. That allows that school's financial aid director put in your statent aid report and evaluate your PELL package.

Have a great semester, we're glad you are here.

Letter from the TRIO/SSS Director

Fall semester is upon us and the TRIO/SSS program hopes everyone has had a great summer break and semester. I hope the summer was full of outdoor activities, family gatherings, and much needed relaxation. We have had absolutely beautiful Michigan weather to enjoy all of Mother Nature has to offer! We would like to take this opportunity to welcome students and faculty back to campus. Over the summer the TRIO staff has been busy planning for an exciting academic year for TRIO participants. We have made of changes to our services. These changes are to improve the services to our new and continuing students.

Remember TRIO/SSS is at BMCC to serve students academically and non-academically, but here are the services we have expanded for the fall semester.

Professional Tutoring: Math with Jan Miller (Monday -Thursday: 8-9 am in the TRIO Lab), English with Kelly Slater (Monday – Thursday: 9-3 pm in the Student Success Center), and NEW Soft Skills with Marilyn Pellar (Tuesdays 11-4 pm outside the TRIO Lab).

Peer Tutoring: Math with Tabitha Graham (Monday – Thursday: Outside the TRIO Lab).

Counseling in Career Development: TRIO Coaches are certified in Career Development and Coaching to service participants.

University Transfer Trips: Currently, we plan on touring 5 universities this fall semester. Grand Valley State University, Ferris State University, Central Michigan University, Michigan State University, and Lake Superior State University.

Grant Aid: NEW guidelines were created to broaden participant eligibility for grant aid each semester. Please see your Coach for details.

Enrichment Workshops: TRIO/SSS Workshops are available on-line (for your convenience) through Moodle, CMU STEP Program will provide workshops each month in the TRIO Lab (on the 1st Wednesday of the month), and two special workshops will be provided to participants from the Department of Interior. We will post this date when details are finalized.

TRIO Talks Social Club: NEW student engagement opportunity to help students get to know one another while sharing ideas, talents, and tips for success!

Fall Kick-Off: This year, TRIO staff would like to focus on financial literacy, economic literacy, and scholarship assistance. For continuing TRIO/SSS students: you know the drill.... please check in with your Success Coach in September. Appointment calendars are posted outside of our offices. We want to make sure you are starting off this semester in best possible position! Here is to a successful fall!

Diane Sliger TRiO Director

NEW Student Success Coach for TRIO/SSS



BMCC and the TRIO/SSS would like to welcome a new staff member Norman Jahn to our TRIO team! We are very fortunate to have him here to assist and serve students so they are more prepared to achieve their academic and personal goals!

Norm was born and raised in Manistique, MI and attended Michigan State University. He majored in criminal justice before beginning his police career with the Las Vegas Metropolitan Police Department. He served with the Las Vegas Metro Police Department (LVMPD) for over 21 years before retiring in November of 2011. He also earned a Master's Degree in Public Administration from the University of Nevada-Las Vegas before becoming a 36-year old police chief in Shawano, Wisconsin (1997-2000).

Norm currently teaches CJ 201 (Introduction to Criminal Justice) here at BMCC and previously taught at the College of Southern Nevada and at Lake Superior State University.

Norm has over 25 years of experience in policing and private security along with over a decade of teaching experience. He looks forward to coaching TRIO/SSS participants at BMCC and using his work experiences to provide career guidance - particularly to students interested in the law enforcement, corrections, or private security fields.

If you are interested in applying for Student Support Services, please call 906-248-8476 or visit us in at the BMCC campus Administration Building #140- #142. If you would like to welcome Norm to campus, please stop by his office #141.

TRIO/SSS wishes all students, faculty, and staff have a triumphant fall semester!

Submitted by Diane Sliger TRiO Director

Stuffed Spaghetti Squash

Fall harvest season is upon us

Try this stuffed spaghetti squash recipe

Preheat your oven to 400 degrees

- Brown 1 lb. Italian sausage (mild or hot....your choice)
- Add ½ onion, 2 tsp garlic, 2 tsp oregano, 2 tsp basil, pinch of salt and pepper.
- While sausage and spices are cooking, cut a spaghetti squash in half and scoop out the seeds.

Put 2 cups of water in a 9X11 pan and put squash cut side down in the pan....cover with foil and bake until soft. It should take about 30 minutes, squeeze out the excess liquid (a clean dish towel works well for this), mix squash with the sauce and sausage mixture, and then put it back into the shell of the spaghetti squash.

Put the filled squash on a cookie sheet and top with parmesan or mozzarella cheese (or both)

Put back into the oven just long enough to melt the cheese.

Enjoy

Submitted by Kathy Adair Director of Development

Technology Tip of the Month Windows 10 Task View Slide 1 of 1 Ask me anything

Windows 10 Task View is a handy organizational feature for users who have more than one program open at the same time. With Task View you can open and manage "virtual desktops" which gives the *appearance* of running programs on separate computers. Clicking on this icon "shrinks" all of your running applications into small squares on your screen, allowing you to jump between applications. Users who benefit the most from this feature are those who run all of their applications in "full-screen" mode — which hides other running applications from view. -Chet Kasper

Homemade Healthy Hummus

- 1 can chickpeas (15 0z) (garbanzo beans)
- ½ tsp lemon juice
- ½ tsp tahini (ground sesame)
- 1/8 tsp cayenne pepper
- 1 ½ pieces of finely sliced ginger
- 1 tbsp olive oil
- 1 clove garlic
- Sea salt or course salt
- Parsley or other spices optional

Blend until smooth in blender.

Submitted by Jana Hutcheson Communication Instructor

Photo of the Month



Hessel Bay at Sunset

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